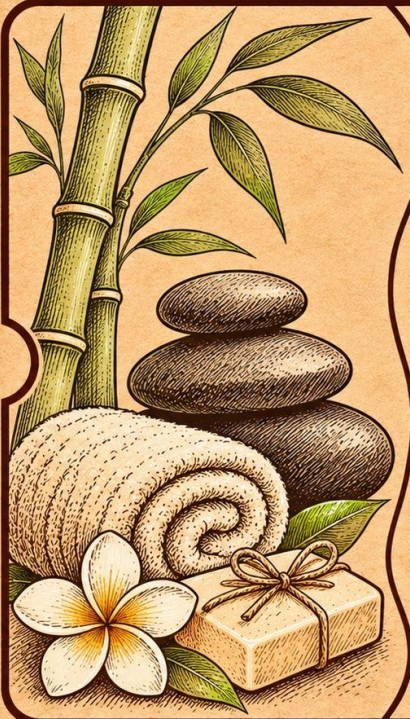


SPA
Gift Treatment
SELF CARE DAY

TO:

FROM:

TREATMENT:

NOTES: